



# LINCOLN UNIVERSITY

## DI 251 – Advanced Abdomen and Small Parts

### Course Syllabus

### Spring 2026

**Instructor:** Dr. Khatia Mania (Lecture)  
Dr. Olesya Smolyarchuk (Lab)

**Lecture Schedule:** Monday 9:00 – 11:45 am (Lecture)  
Wednesday 9:00 – 11:45 am (Lab) 02/11/2026 - 04/22/2026

**Credits:** 4 units: 3-unit lecture and 1-unit lab  
(75 total hours: 45 hours of lectures and 30 hours of lab)

**Pre-requisites:** DI 170

**Level:** Advanced (A)

**Office Hours:** By appointment

**E-mail:** [mania@lincolnua.edu](mailto:mania@lincolnua.edu)  
[osmolyarchuk@lincolnua.edu](mailto:osmolyarchuk@lincolnua.edu) (Lab)

**Telephone:** (510) 238-9744

#### TEXTBOOKS:

1. Diagnostic Ultrasound: Abdomen and Pelvis, 2nd Edition (2022). By Aya Kamaya, MD, FSRU, FSAR and Jade Wong-You-Cheong, MBChB, MRCP, FRCR, FSRU, FSAR  
ISBN: 9780323794022
2. Textbook of Diagnostic Ultrasonography: 1st Volume, Sandra L. Hagen-Ansert 2006, ISBN-10: 0323028039
3. Diagnostic Medical Sonography – Abdomen and Superficial Structures: Fourth edition. Diane M. Kawamura; Tanya D. Nolan 2018 ISBN – 13: 978-1-4963-5492-1
4. Elastography a Practical Guide by Richard G. Barr  
ISBN: 978-1-62623-271-6

**Last Revision:** December, 2025

**NOTE:** Instructor may change this syllabus and course schedule at any time according to the judgment as to what is best for the class. Any changes will be declared ahead of time in class.

**CATALOG DESCRIPTION**

The course studies harmonic imaging and 2-dimensional Doppler color imaging, which are used for ultrasound evaluations and sonographic appearances of abdominal organs: liver, gallbladder and biliary tree, spleen, pancreas, great vessels, kidneys and urinary tract. (4 units).

**COURSE OBJECTIVES**

Upon satisfactory completion of this course, the students will be able to:

- Assist patients to and from the exam area
- Explain the examination and instruct the patient properly
- Describe a scanning survey and explain its importance prior to taking images
- Explain the selection of the proper transducer for the exam
- Explain the elements of film labeling
- Describe optimal techniques related to field size, power, gain, and contrast for image interpretation
- Present films in a logical sequence
- Describe the anatomy, physiology, normal variations, and pathology of the liver, gall bladder and biliary tract, pancreas, spleen, urinary tract, great vessels and identify their normal and abnormal sonographic structural appearance
- Demonstrate knowledge of abdominal pathological findings
- Explain the significance of clinical tests relevant to pathology within the abdomen
- Explain the sonographic findings and differential diagnosis of abdomen pathology

**COURSE LEARNING OUTCOMES<sup>1</sup>**

	<b>Course Learning Outcome</b>	<b>Program Learning Outcomes</b>	<b>Institutional Learning Outcomes</b>	<b>Assessment activities</b>
1	Present sonographic images demonstrating a logical and methodical approach to scanning and communicate findings clearly and accurately.	PLO 1	ILO 1a, ILO 2a, ILO 3a	In-class activities, quizzes, midterm and final exams.
2	Produce sonographic images based on male pelvis protocols, thyroid and breast protocols	PLO 2	ILO 1a,	In-class activities.
3	Recognize a range of normal and abnormal image appearances of the areas listed in the syllabus and explain the contributing role and nature of pathologic and developmental processes.	PLO 3	ILO 1a, ILO 4a	In-class activities, quizzes, midterm and final exams.

<sup>1</sup> Detailed description of learning outcomes and information about the assessment procedure are available at the [Learning Outcomes Assessment](#) section of LU website.

## INSTRUCTIONAL METHODS

Instructional methods will include lectures and in-class hands-on learning activities. Classroom activities are collaborative — students may and should help each other. The instructor will be available to help students with all tutorials and other assignments.

The previously described topics will be presented through the aid of the following activities:

- Reading assigned textbooks and lecture outlines (handouts);
- Demonstration of lectures by using the Power Point;
- Recommended study guide activities;
- Internet resources;
- Group discussions and ultrasound case analyses;
- Quizzes & examinations;
- Working with ultrasound machines;
- Hands-on ultrasound laboratory training (protocols handouts);
- Ultrasound laboratory live & video demonstrations;
- Students' ultrasound hands-on self-study training.

Assignments and projects require students to actively use resources of the library. Detailed guide to business *resources of the library* as well as the description of Lincoln University approach to *information literacy* are available at the [LU Library](#) website ([lincolnuca.libguides.com](http://lincolnuca.libguides.com)).

## REQUIREMENTS

- This is a lecture-lab course in which lecture topics are presented by the instructor, and the ultrasound hands-on lab practice is explained and demonstrated by the lab instructor.
- Students are expected to be prepared in advance before the class sessions.
- Being prepared includes the following: having read text materials (e.g., reading textbooks and lecture outlines) assigned for each class session and bringing required work materials (e.g., textbook, handouts, writing supplies, etc.) to the session.
- Homework assignments will include reading the topic(s) one week ahead of time.
- Students are expected to attend and participate in all lectures and activities, and complete all quizzes, examinations and course assignments on time. Therefore, an attendance and being on time are crucial to your final grade.
- Students should understand that “introductory” does not mean “easy”.
- Students must budget time efficiently and be realistic about all personal and professional commitments that consume time.

## ACADEMIC HONESTY

The University maintains a strict policy concerning academic dishonesty, which includes cheating, plagiarism, giving assistance on an examination or paper when expressly forbidden by the instructor, and any other practices which demonstrate a lack of academic integrity. It is the responsibility of the students to know and to adhere to principles of academic honesty. A student found guilty of academic dishonesty will be subject to academic sanctions ranging from failure on the assignment to failure in the course too.

## ULTRASOUND HANDS-ON LABORATORY TRAINING

Ultrasound hands-on laboratory will involve primarily students' demonstration of the knowledge presented during lectures. Practical experience will gain under the guidance of the instructor.

Students are expected to arrive at the class on time and stay through the end of the ultrasound laboratory class.

### **COURSE GUIDELINES**

To successfully complete this course, the students must pass the quizzes, homework and final exam portions with a 70% or better. Students should attend all the class meetings. However, considering possible urgent situations, students may be absent from maximum four class meetings with prior notice to the instructor. Three late arrivals (more than 15 minutes late) would affect the grade. Students cannot take the test after being more than 15 minutes late after the start of testing time. That test will not be made up and there will be no grade for that test. Leaving the class early will also affect the grade. Students will be dismissed from the class after missing 3 consecutive classes by reporting to Registrar.

The term grade is based on attendance, class activity, project, midterm and/or sum of quizzes, final examination. Individual projects will be assigned at the beginning of the semester. Project is due by the last meeting before the final examination. No project will be accepted after the due date.

If students have missed a class without a valid reason, no make-up for quizzes and presentations will be allowed. No make-up for missed or failed midterm. **Final examination, if failed, can be retaken only once. If failed second time, the subject is considered failed.** Dictionaries can be used during the class time. No electronic devices during the test time. A student must take the exam during the scheduled time period. A student missing an exam because of an illness or legitimate emergency may take a make-up exam as soon as possible after the student returns from the illness and as determined by the instructor. In such a circumstance, the student should make every reasonable attempt to contact the instructor before the exam period is over (or as soon as possible). While make-up exams will cover the same content area as a missed exam, the exam format and specific questions may be different.

During the written exam, any student observed in a situation that could be considered suspicious (e.g., an open book within his/her field of vision, looking around or checking a cell phone or other wireless devices, etc.) but no cheating is observed, will be warned. Once warned, any applicant found cheating on the written exam will be failed for the exam and prohibited from retaking the written exam without permission from the dean.

Students cannot leave the room during the test/exam. As soon as a student leaves, his/her exam is considered finished.

Lecture is not a substitute for textbooks. Students should read textbooks and use other sources to be prepared for the tests. Lecture is to guide the students to prepare for the course subjects.

### **HOMEWORK**

The goal of the homework is to help students achieve the course learning objectives. Homework consists of two parts. First part is to read the textbooks and materials to review and analyze the lecture given during a previous class session. Students are expected to spend six hours for each class session outside of class in completing the reading assignments related to each lecture. These assignments are graded through short quizzes given at the beginning of the following class session. Second part of the homework consists of a project presented at the end of the course. Each student will choose the topic for presentation or will be assigned one by the instructor. The presentation should be approximately 10 minutes long and with 5 minutes for a discussion. The presentation should include ultrasound images related to the topic of presentation. The images need to be dated and should indicate the student's name. The topic and format for the presentation will be discussed

in class for more details. A final draft of the presentation must be submitted for review one week prior to the presentation.

**Evaluation Criteria for Project:**

- Clinical statement: 2%
- Background information: 2%
- Slide content: 2%
- Slide design: 1%
- Resolution of the problem: 2%
- Oral presentation in class: 1%

Total: 10% of all the course grading elements

**TESTING****Quizzes:**

Students will take about 10 - 11 quizzes; about 10 - 15 questions each. These quizzes will address the detailed content and major concepts presented in the lectures, lecture outlines and text readings to evaluate students' work outside of the classroom. Each quiz will be timed; 1 minute for every question to complete. No make-up quizzes for missed quizzes will be administered (students will receive no score for missed quizzes) unless student provides legal documents excusing from the class. The document should be presented and make up test done within a week after missed date.

**Ultrasound Hands-on Laboratory Examination:**

- During the final ultrasound hands-on examination, students will have to demonstrate understanding of information presented primarily during the lectures and hands-on laboratory training.
- Students will have to perform different ultrasound protocols and demonstrate scanning technique and images in B-, Color-Modes, and M-mode.
- Students will have to schedule the time and date 2-3 weeks ahead of the ultrasound hands-on laboratory examination.
- Students need to be at the Ultrasound Lab — ready to start scanning at the exact scheduled time. (It is recommended that you arrive about 15 minutes prior to your scheduled exam time.)
- If you are late for your scheduled exam time, your time **CANNOT** be changed, and you will NOT get a full hour! If you are late, you will only have the remaining time left in your hour.
- **Only one time RETEST will be given to students with a valid excuse** such as illness, family emergency, unforeseen heavy traffic or natural disaster.

**Scanning Performance: 20%**

Effective use of lab time, demonstrating development of scanning skills, applying scan techniques, effective use of ultrasound machine controls, IE: TGC, Depth PRF, Freq. Transducers, and improving images on each patient. Complete/full participation and working during class time is expected. Students are encouraged to use open lab time as needed. Students are required to complete minimum 12 hours in lab self-study (with 6 independently performed studies, which would represent date and student's name on each ultrasound image).

**Attendance: 10%**

Absences, late arrival, poor use of class times, early leaves will result in students' poor or failing grade.

## GRADING

All activities will be graded according to the points as shown below.

Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	F
Points	93-100	90-92	87-89	84-86	81-83	78-80	76-77	74-75	72-73	70-71	0-69

The final grade for the course will be given as the total weighted score for all activities according to the percentage shown in the table below.

Activity		Percent
<b>Lecture</b>	Class Attendance	10%
	Quizzes	10%
	Project	10%
	Midterm Exam	20%
	Final Exam	20%
<b>Laboratory</b>	Scanning Performance	20%
	Attendance	10%
<b>TOTAL</b>		100%

## CLASSROOM PROTOCOL

- All students are expected to display professionalism, in preparation for hospital work. That means arriving on time, remaining quiet when others are speaking, and paying attention to the lecture and discussion, no matter who has the floor in the classroom.
- Students are expected to attend and be prepared for all regularly scheduled classes. If a student knows in advance that he or she will need to leave early, the student should notify the instructor before the class period begins.
- Students are expected to treat faculty and fellow students with respect. For example, students must not disrupt class by leaving and reentering during class, must not distract class by making noise, and must be attentive to comments being made by the instructor and by peers.
- Never speak while the instructor is speaking.
- **Disruptive behavior will not be tolerated.**
- Students engaging in disruptive behavior in class will be asked to leave and may be subject to other penalties if the behavior continues.
- No eating, sleeping or personal grooming is permitted during lecture and ultrasound laboratory classes.
- Drinks only in closed container.
- Please turn off your cell phones, and refrain from activities that disrupt the class (such as eating and walking in and out of the room while class is in session).
- If you use a computer in class, please use it only to take notes, to access course materials from the course webpage, or to locate information relevant to the class discussion. Do not use your computer to surf the web, check emails, or send/receive text messages, as these activities are distracting to those around you (and decrease your chances of getting the most out of your time in class).

- To encourage the free flow of conversation, no part of any class may be recorded on audio or video media without the permission of the instructor. You may record notes by hand or by typing into a mobile computer.
- The presence of guests to listen to any part of a class requires the consent of the instructor.

## LECTURE SCHEDULE

**01/26/2026** – Sonography guided interventional procedures.

**02/02/2026** – The organ transplantation. Quiz # 1

**02/09/2026** – Point of care sonography. The foreign bodies. Quiz # 2

**02/23/2026** – Pediatric abdomen. Quiz # 3

**03/02/2026** – Pediatric kidney. Quiz # 4

**03/09/2026** – Salivary glands. Quiz # 5

**03/16/2026** – Introduction to Elastography. Elastography of the liver. Quiz # 6

**03/23/2026 – Midterm examination.**

**03/30/2026** – Elastography of the breast, thyroid, prostate & Lymph nodes.

**04/06/2026** – Abdominal sonography review (Liver & Pancreas).

**04/13/2026** – Abdominal sonography review (GB , Spleen & Abdominal Blood Vessels).

**04/20/2026** – Abdominal sonography review (Thyroid gland, Parathyroid gland & Scrotum).

**04/27/2026** – Abdominal sonography review (Urinary System).

**05/04/2026 – Review and Final Examination**

**05/11/2026 – Presentations of Projects**

## DUE DATE

**Due date for project: 05/11/2026**

## Ultrasound Hands-on Laboratory Training

Ultrasound hands-on laboratory training will involve:

- Using the theoretical material presented during lectures as a basis for hands-on training. Applying theoretical knowledge to practice.
- Learning to follow proper ultrasound scanning protocols
- Acquiring optimal quality of diagnostic images
- Proper operating of ultrasound machines and maximizing the us machines' capabilities
- Gaining practical experience under the guidance of the lab instructor.

## Instructional Methods

- In-class hands-on scanning, using ultrasound machines and other lab equipment
- Live demonstration ultrasound imaging of the abdomen
- The instructor's guidance to developing students' scanning skills.
- Group work, discussions and ultrasound case analysis
- Ultrasound laboratory video demonstrations

## SCANNING LAB RULES

### Lab Hours:

- **Lab hours are posted on the front door.** Please respect class time, try not to enter when a class is in session, or be quiet if you come late.

- **Use student subjection envelope for questions or concerns.**
- **Sign in on the preferred machine** with your name, start time and finish time. You must re-sign in if you want to continue to scan after you finish it. Ask a lab assistant.
- **Respect Others and be polite.**
- **Students must wear university uniform with logo and a face mask in the Lab.**
- **No eating or drinking in the lab.**
- **No cell phones** (exit the room if must use phone).
- **Clean up after yourself** (table, transducer, put away chairs and other equipment, trash, etc.).
- **Inform instructor or staff of needed supplies or equipment broken.**
- **Keep a low tone of voice.** The lab is small; speaking loudly can be very disruptive to students who need their concentration on scanning.
- **Do not interrupt students' scanning time.** Ask the students whether it is okay to ask them questions while they are scanning.
- Never leave your **personal property** unattended. Although Lincoln University does have a zero tolerance for theft, the university is not responsible for lost or stolen items. Any students caught stealing will be prosecuted.
- **Please do not remove any objects from the lab** (books, study materials, and medical phantoms).
- **Leave personal conversation outside the lab.**
- **Outside patients:** reconcile with your instructor.
- **No children are allowed in the lab.**
- **Self-study log-sheet should be submitted for Midterm and Final.**

**Machines (Acuson, Philips, and GE):**

- Please kindly shut down the machine after the scanning class and check cords, they should not be on the floor.
- Do not erase any information on machines (only instructors and lab assistants may do).
- Please inform lab assistants of needed supplies (wipes, paper towels, gel).
- Wipe down the transducer after every patient, using the Antiseptic/antibacterial spray/wipes.
- Change paper after every patient, and place pillow under paper, not on top.
- Please safely move around the equipment (ultrasound machines, patient tables, patients).

**COURSE GUIDELINES**

- To successfully complete this course, the students must pass the midterm and final exams with a 70% (both) or better. **Students should attend all the class meetings - labs.**
- The term grade is based on attendance, class activity, midterm, and final examination.
- If students have missed a class without a valid reason, no make-up for presentations will be allowed. **Midterm cannot be retaken. Final examination, if failed, can be retaken only once. If failed second time, the subject is considered failed. The course is considered failed if student fails Lab final examination and total scanning performance score is less than 70%.** Dictionaries can be used during the class time. No electronic devices during the test time. A student must take the exam during the scheduled time period. A student missing an exam because of an illness or legitimate emergency may

take a make-up exam as soon as possible after the student returns from the illness and as determined by the instructor. In such a circumstance, the student should make every reasonable attempt to contact the instructor before the exam period is over (or as soon as possible). While make-up exams will cover the same content area as a missed exam, the exam format and specific questions may be different.

- **During the exam, any student observed in a situation that could be considered suspicious (e.g., an open book or notebook within his/her field of vision, looking around or checking a cell phone, or other wireless devices, helping the examinee-sonographer to take images by guiding manually or verbally, etc.) but no cheating is observed, will be warned. Once warned, any applicant found cheating on the exam will be failed for the exam and prohibited from retaking the exam without permission from the dean.**
- Students cannot leave the room during the test/exam. As soon as a student leaves, his/her exam is considered finished.
- Lecture is not a substitute for textbooks. Students should read textbooks, review lectures from previous course, and use other sources to be prepared for the exam. Lecture is to guide the students to prepare for the course subjects.
- Students are encouraged to use open lab time as needed. **Minimum 25 lab hours of independent scanning throughout the semester** should be recorded in a log sheet as a part of each student's hands-on self-study training.
- **AN INSTRUCTOR MAY DISMISS A STUDENT FROM THE COURSE AFTER MISSING 3 CONSECUTIVE CLASSES.**

## TESTING

### **Ultrasound Hands-on Laboratory Examination:**

During the final ultrasound hands-on examination, students will have to demonstrate understanding of information presented during the hands-on laboratory training.

Students have to perform different ultrasound protocols and demonstrate scanning technique and images in B-mode, M-mode, Color and Spectral Doppler.

Students are required to schedule the time and date 1-2 weeks ahead of the ultrasound hands-on laboratory examination.

Students need to be at the ultrasound lab, ready to start scanning at the exact scheduled time. (It is recommended that students arrive about 15 minutes prior to the scheduled exam time.)

If a student is late for the scheduled exam time, the time CANNOT be changed, and the student will NOT get a full-allowed time! The student will only have the remaining time left as scheduled.

**Only one-time retest (final exam) will be given to students with a valid excuse such as illness, family emergency, unforeseen heavy traffic, or natural disaster.**

## LAB GRADING

### **Scanning performance:**

Effective use of lab time, demonstrating development of scanning skills, applying scan techniques, effective use of ultrasound machine controls i.e.: TGC, Depth PRF, Freq. Transducers, and

improving images on each patient. Complete/full participation and working during class time is expected.

No Cell Phones Allowed.

**Attendance:**

- **Students who are tardy, who arrive after roll is taken will consider absent.**
- **Students are not allowed to be more than 5 minutes late as the lab. class begins from an explanation of a topic and practice plan for the class that takes 10-20 minutes, and the late arrived students are not allowed to enter the class.**
- **If you are late or absent, a valid excuse such as illness, family emergency, unforeseen heavy traffic or natural disaster is expected and a proof (a medical note etc.) of it should be submitted shortly after.**
- **Three late arrivals would affect the grade.**
- **If you are late, you should cover those hours by self-study.**
- **It is your responsibility to obtain notes from other class members regarding the class session you missed.**

Being punctual, participation and working during class time. Absences, late arrivals, non-use of class times, and early leaves will result in student's poor and/or failing grade.

**Final Exam** will focus on protocols, annotations to anatomy images, quality of images, demonstrating proper use of the ultrasound machines in control adjustments to obtain best anatomy images, basic knowledge of anatomy location and recognition. The exam protocol to images must be completed within allowed time, only one-time retest will be given to students with a valid excuse such as illness, family emergency, unforeseen heavy traffic, or natural disaster.

Non-completion, poor behavior, disruption, requiring assistants or dishonesty will result in failing exam and course.

**Midterm/Final Exam Grading System**

Midterm and Final Exams will be performed on the scheduled days in the presence of the lab instructor.

The length of the examination will depend on the type of the ultrasound protocol. The type of the protocol for the exam will be chosen by the instructor for each student individually.

The score (%) will be determined by acquiring the ratio of the correct / incorrect images recorded by the student.

Depending on the quantity of the required images of the particular protocol, each image will be valued at certain amount of points.

The points for missed (or completely incorrect) ultrasound images will be subtracted from the total 100% score.

The added score of the correct ultrasound images (according to the protocol requirements) will represent the total examination grade.

To successfully complete this exam, the student must pass it with a total score 70% or better.

**LAB SCHEDULE**

Dates	Topics
02/11/2026	Image Optimization for Correct Image Interpretation. Liver. Vascular Landmarks and Portal Venous System. Portal Hypertension. Liver Surface

	Evaluation. Aorta. AAA Screening. IVC
02/18/2026	Gallbladder & Biliary System. Pancreas. Spleen. Alternative Scanning Approaches and Techniques
02/25/2026	Retroperitoneum. Kidneys and Adrenal Glands. Various Scanning Techniques and Approaches. Urinary System. Pediatric Abdomen
03/04/2026	Full Abdominal Protocol
<b>03/11/2026</b>	<b>Midterm</b>
03/25/2026	Ultrasound of the Neck. Thyroid and Parathyroid Gland. Cervical Lymph Nodes. Salivary Glands.
04/01/2026	Breast. Proper Image Annotation. Correlation of Mammographic and Sonographic Findings. Sonographic Characteristics of Breast Lesions. Case Studies.
04/08/2026	Chest and Lung Ultrasound. Emergency Ultrasound Evaluation for Pneumothorax . Focused Assessment by Sonography in Trauma F.A.S.T. Exam
04/15/2026	Prostate Gland Evaluation. Ultrasound Evaluation of Scrotum.
<b>04/22/2026</b>	<b>Final Exam</b>