

Sports Club

This club will be conducted by a certified instructor.

Students will have an opportunity to participate in different fields of sports such as:

- Boxing
- Running
- Yoga
- Personal Training
- Cross Fit and Conditioning
- Nutrition & Health advise

Every Sunday

10:00 AM - 12:00 PM

Venue: Lake Merritt

**Meet us at Lincoln University
Front Entrance.**

**To sign up please visit
Student Services (Room 103).**

