

# LINCOLNUNIVERSITY DI 244 Vascular Scanning (Lab) Fall 2017 Course Syllabus

### COURSE NUMBER: DI 244

**COURSE TITLE:** Vascular Scanning (Lab)

**COURSE CREDIT:** 3 units (90 lab hours)

#### **BASIC INFORMATION:**

Class Meeting Hours: Monday and Tuesday 12:30-3:15 pm Instructor: Marina Kay, RDMS, RVT

*Office Hours*: Monday, Tuesday and Thursday by arrangement. *DI Lab Telephone*: (510) 238-9744 *E-mail*: kaymarina@yahoo.com, mkay@lincolnuca.edu

#### **TEXTBOOKS:**

- **1. Introduction to Vascular Ultrasonography. William J. Zwiebel, John S. Pellerito.** 6th Edition (2012). ISBN-13: 978-1437714173, ISBN-10: 143771417X.
- **2. Peripheral Vascular Sonography, by Joseph F. Polak .** 1<sup>st</sup> Edition (2004) ISBN-13: 978-0781748711; ISBN-10: 0781748712
- **3. Vascular Technology: An illustrated Review, by Claudia Rumwell, Michalene McPharlin,** 5th Edition (2014) ISBN-13: 978-0941022859; ISBN-10: 0941022854

Additional recommended textbooks and instructional materials will be given during classes.

#### **COURSE DESCRIPTION:**

The focus of this course is Peripheral and Abdominal Doppler scanning. Laboratory sessions are provided to acquire intermediate scanning skills necessary to succeed in the clinical setting. (3 units)

PREREQUISITE: DI 234

#### **COURSE OBJECTIVES:**

Upon completion, students should be able to:

- Demonstrate the knowledge and understanding of the anatomy, physiology and normal variations of the cerebrovascular (extracranial), peripheral and abdominal vascular systems.
- Understand and be familiarized with the routine ultrasound protocols and presenting sonographic images in a logical sequence.
- Describe and exercise the proper scanning technique and commonly used sonographic acoustic windows.
- Utilize the principles of instrumentation to set up the ultrasound equipment for acquiring optimal quality of diagnostic images.
- Be familiar with the standard measurements and diagnostic criteria for duplex/color evaluation of the vascular system.
- Recognize sonographic signs of vascular obstruction.
- Correlate sonographic and laboratory data
- Recognize and be able to compensate for common pitfalls in the diagnosis of vascular pathologies.

	Course Learning Outcome	Assessment activities
1	Employ proper hands-on techniques to master and expand the routine ultrasound protocols.	In-class hands-on scanning; laboratory live & video demonstrations; self-study scanning training; midterm/final exams.
2	Utilize the principles of instrumentation, related to field size, TGC, focal zones, color scale, gain, depth, etc for image interpretation.	In-class hands-on scanning; laboratory live & video demonstrations
3	Recognize sonographic signs of vascular pathological findings and differential diagnosis.	Ultrasound case analysis and group discussions; quizzes
4	Explain the significance of clinical tests relevant to pathology. Correlate sonographic and laboratory data.	Case studies; presentations and discussions of students' projects.
5	Demonstrate knowledge of diagnostic criteria for duplex evaluation of the vascular system.	Case studies and group discussions.

### **INSTRUCTIONAL METHODS:**

Instructional methods will include:

- In-class hands-on scanning, using ultrasound machines and other lab equipment
- Live demonstration of vascular ultrasound imaging
- The instructor's guidance to developing students' scanning skills.
- Students' ultrasound hands-on self-study training: 20 lab hours minimum of independent scanning throughout the semester
- Group work, discussions and ultrasound case analysis
- Quizzes based on the relevant topics
- Ultrasound lab video demonstrations
- Presentations and discussions of students' projects.

#### Homework:

The goal of the homework is to help students achieve the course learning objectives. Homework consists of two parts. The first part is to read the textbooks and printed materials to review the topic of the previous class session. Students' knowledge is graded through the short quizzes given at the beginning of the following class session. The second part of the homework consists of a project presented at the end of the course.

### **Project Presentation:**

Students will acquire, record and analyze ultrasound images during each lab session.

Images containing anomalies should be selected and kept for the future presentation to others. Each student will perform library research on a selected topic in the field of Vascular Scanning, and present the findings along with their own images during a lab class orally, using Power Point.

A 10-minute presentation will be followed by a 5-minute question period.

Students should include enough background information, ultrasound images received during classes, pictures and references, for their peers to be able to understand the topic.

Each student will choose the topic of his/her presentation with the instructor's approval.

#### **Evaluation Criteria for Presentation:**

- Clinical statement: 2%
- ➢ Background information: 2%
- Slide content: 2%
- ➢ Slide design: 1%
- Resolution of the problem: 2%
- Oral presentation: 1%

Total: 10% of all the course grading elements

#### Hands-On Lab Examination:

During the final ultrasound hands-on examination, students have to demonstrate the understanding of the information presented during the course laboratory training.

- 1. The knowledge of the anatomy, physiology, normal variations, and pathology of the human vascular system.
- 2. In-depth knowledge of the ultrasound scanning protocols and the ability to present images in a logical sequence.
- 3. The knowledge of the ultrasound machine capabilities for the optimal quality of diagnostic images (frequency, TGC, B-mode, focal zones, color scale, gain, depth, etc).
- 4. Ability to demonstrate the optimal scanning technique and proper images acquisition in B-, Color-Modes, and M-mode.
- 5. The utilization of different acoustic windows to achieve the best picture quality possible.
- 6. The knowledge of the elements of the proper image labeling
- 7. The explanation of the sonographic findings and differential diagnosis of vascular pathology.

Since the intent of the lab examination is for students to demonstrate the

knowledge of the scanning protocol, students are not allowed to ask questions and discuss the scanning procedures with classmates.

Reference materials are not allowed.

# <u>Only one time RETEST will be given to students with a valid excuse such as illness, family</u> <u>emergency</u>, <u>unforeseen traffic conditions or natural disaster.</u>

### Midterm/Final Exam Grading System

Midterm and Final Exams will be performed on the scheduled days in the presence of the lab instructor.

The length of the examination will depend on the type of the ultrasound protocol. The type of the protocol for the exam will be chosen by the instructor for each student individually.

The score (%) will be determined by acquiring the ratio of the correct / incorrect images recorded by the student.

Depending on the quantity of the required images of the particular protocol, each image will be valued at certain amount of points.

The points for missed (or completely incorrect) ultrasound images will be subtracted from the total 100% score.

The added score of the correct ultrasound images (according to the protocol requirements) will represent the total examination grade.

To successfully complete this exam, the student must pass it with a total score 70% or better.

# Quizzes:

- Students will take 12 quizzes throughout the course. These quizzes will address the material presented in the previous lectures, discussions and text readings to evaluate students' work inside and outside the classroom.
- A quiz will consist of 10-15 questions, some combination of true/false, multiple choice, and "fill-in" questions.
- Each quiz will be timed, 1 minute for every question to complete.
- The correct answers of the quiz and a relevant topic will be discussed and reviewed.

- No make-up quizzes for missed quizzes will be administered (students will receive no score for missed quizzes).
- The primary purpose of these quizzes is to encourage and reward the students' progress through the course materials.

#### **Attendance and Participation:**

Efficient use of the lab time, demonstration of the development of the scanning skills, effective use of ultrasound machines, active participation during the class meetings is expected.

Students are encouraged to use open lab time as needed. Minimum *20 lab hours* of the independent scanning throughout the semester should be recorded in a log sheet as a part of each student's hands-on self-study training.

Students are expected to arrive to class on time and stay through the end of the laboratory class. Absence, late arrival, poor use of class time, early leave will result in a lower grade.

Instructor may dismiss a student from the course after missing 3 consecutive class meetings.

#### **TERM GRADING:**

Attendance and Participation	10%
Quizzes	20%
Homework and Presentation	10%
Scanning Performance : Midterm Exam	30%
Scanning Performance : Final Exam	30%
Total	100%

100-95	А
94-90	A-
89-87	B+
86-84	В
83-81	B-
80-78	C+

77-76	С
75-74	C-
73-72	D+
70-71	D
69≤	F

# **CLASS TOPICS SCHEDULE:**

8/21/2017-Vascular System Anatomy and Physiology. Arterial Physiology and Hymod Extracranial Cerebrovascular (Carotid) System	ynamics.
8/22/2017- Extracranial Cerebrovascular System: Vascular Anatomy and Anatomical Variations. Scanning Techniques and In Optimization	nage Quizz 1
9/4/2017- Holiday	
9/5/2017- Carotid Arteries Duplex Ultrasound Protocol. Various Scanning Approaches	8
9/11/2017- Carotid Arteries Plaque Assessment and Waveform Analysis.	Quizz 2
9/12/2017- Carotid Arteries Duplex Ultrasound Protocol: Measurements and Utilization of the Diagnostic Criteria	n
9/18/2017- Bilateral Carotid Arteries Ultrasound Protocol	Quizz 3
9/19/2017- Upper Extremity Arterial Duplex Ultrasound	
9/25/2017- Bilateral Upper Extremity Arterial Duplex Ultrasound	
9/26/2017- Lower Extremity Arterial Duplex Ultrasound Protocol	
10/2/2017- Lower Extremity Arteries Diagnostic Criteria	Quizz 4
10/3/2017- Bilateral Lower Extremity Arterial Duplex Ultrasound Protocol	
10/9/2017- Lower Extremity Physiological Testing. Ankle-Brachial Index	Quizz 5
10/10/2017- Lower Extremity Segmental Pressures	
10/16/2017- Venous System Hemodynamics. Upper Extremity Venous Duplex Ultrasound: DVT, Superficial Veins	Quizz 6
10/17/2017- Lower Extremity Duplex Ultrasound: Deep Venous Thrombosis. Diagnost Criteria.	ic
10/23/2017- Lower Extremity DVT Protocol.: Calf Veins	Quizz 7

10/24/2017- Bilateral Lower Extremity DVT Protocol

# 10/30/2017- MIDTERM EXAM

10/31/2017- Lower Extremity Venous Insufficiency. Reflux Study	
11/6/2017- Abdominal Arterial Duplex Ultrasound. Aorta and Its Branches	Quizz 8
11/7/2017- Mesenteric Duplex Ultrasound	
11/13/2017- Renal Duplex Ultrasound	Quizz 9
11/14/2017- Abdominal Venous System. IVC and Its Tributaries	Quizz 10
11/20/2017- Liver Vascular System Duplex Ultrasound	Quizz 11
11/21/2017- Fall Recess	
11/27/2017- Portal Venous System Ultrasound. Diagnostic Criteria	
11/28/2017- Projects Presentations.	Quizz 12
11/6/2017- Projects Presentations	
12/4/2017–Final Exam Review and Practice.	
12/5/2017- FINAL EXAM	

Syllabus Revised: 8/3/2017 Note: Instructor may change this syllabus and course schedule at any time for the benefit of the class.

Institutional Learning Outcomes (ILOs)		
Gradua	Graduates of the BS program of Lincoln University should be able to:	
1a	Develop the habits and skills necessary for processing information based on	
	intellectual commitment, and using these skills to guide behavior.	
2a	Raise important questions and problems, and formulate them clearly and precisely in	
	oral or written communication	
<b>3</b> a	Act with dignity and follow the principles concerning the quality of life of all people,	
	recognizing an obligation to protect fundamental human rights and to respect the	
	diversity of all cultures.	
<b>4</b> a	Focus on individual and organizational benefits; communicate to co-workers and	
	company's leadership in facilitation of collaborative environment; to be honest and	
	transparent with regard to their work, and to be respectful of the work of others.	
<b>5</b> a	Display sincerity and integrity in all their actions, which should be based on reason	
	and moral principles; to inspire others by showing mental and spiritual endurance	
6a	Show creativity by thinking of new and better goals, ideas, and solutions to	
	problems; to be resourceful problem solvers.	
7a	Define and explain the boundaries, divisions, styles and practices of the field, and	
	define and properly use the principal terms in the field	

# **APPENDIX.** Program and Institution Learning Outcomes.

	Program Level Outcomes (PLOs)
Students graduating our BS in Diagnostic Imaging program will be able to:	
1	Develop and demonstrate knowledge in principles of UT, medical terminology, physiology, sonography, and echocardiography.
2	Demonstrate ability of accurate patient positioning techniques, and use of imaging technology
3	Adapt imaging procedures based on patient's needs and clinical limitations.

Practice effective oral and written communication skills in the clinical setting

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